

Madeline Squarcia is a senior at Lafayette College studying Engineering and Environmental Studies. Born and raised in Easton, she is well aware of the community and proud to be working with the Nurture Nature Center. She is passionate about deepening her understanding of the relationship between social and environmental justice. In 2021, she founded the initiative, "Bags to Beds" to repurpose plastic bags in a meaningful way. After college, she aims to use the skills she has developed from her academic career and extracurricular activities to create a more just, resilient, and sustainable world. She believes that education is the foundation for all meaningful change and hopes to empower more young people to become environmental changemakers.

Bags to Beds



www.hercampus.com/school/lafayette/ lafayette-s-bags-beds-initiative/

Following the start of the COVID-19 pandemic, the reliance on single-use plastics heavily increased. This was especially true for college campus dining halls. At Lafayette College, many students used upwards of 21 plastic bags a week to transport food. If you multiply this by the number of students (21 bags X 2,500 students), you get close to 53,000 plastic bags a week!That's so much plastic waste! To combat this, I started an initiative to collect, sort, cut, and loop these plastic bags into balls of plarn (plastic yarn). This plarn was then crocheted into sleeping mats that were donated to Safe Harbor (the local homeless shelter). I was accompanied by a group of 72 students that were passionate about preventing plastic waste and enhancing social justice. Together, we saved over 7,000 plastic bags from polluting the environment and donated 7 sleeping mats to Safe Harbor. This initiative is an example of how we can promote environmental and social justice with simple and creative solutions. If you're interested in turning Plastic into Plarn, see the instructions below. You can also learn more about this initiative (called "Bags to Beds") by scanning the QR code below.

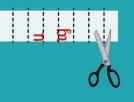
### **How to Make Plarn:**

1. Get the plastic bag and scissors.



for shopping with us!

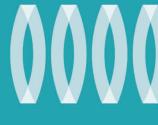
you and cut 1" strips across the folded rectangle.



2. Cut off the handles and the bottom of the bag.



5. Turn the folded edge toward 6. Unfold the looped strips.



3. Fold the bag in half (uncut sides together).



7. Insert one end of one looped strip into the other looped strip, draw through, and tighten.



Thank you for shopping with us!



8. You should end up with two looped strips knotted together. Continue inserting strips

4. Fold in half again.

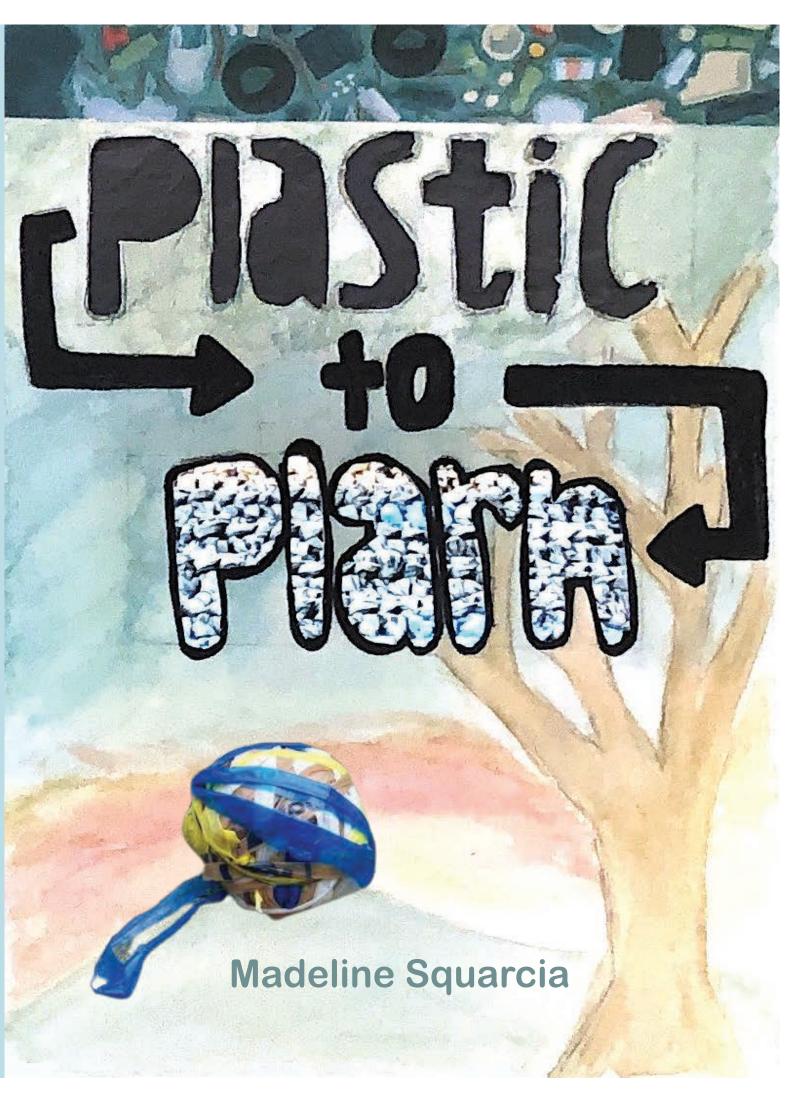
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Madeline Squarcia



Though convenient, plastic bags are **extremely wasteful**, require a great deal of energy to produce, and contribute to the problematic single-use mindset we have grown accustomed to. Americans use over 100 billion plastic bags a year and nearly all of them end up polluting our land, waterways, and oceans<sup>1</sup>. Thousands of animals die every year from ingesting and getting tangled in these plastic bags. Plants are destroyed and our livelihoods are damaged by the greenhouse gasses emitted during the production process. For such short- term use, it can take over 1,000 years for these plastic bags to degrade down to microplastics that continue to pollute the environment in countless ways.

### So how can we solve this problem?

Number ONE, we can stop relying on singleuse plastics when there are easy and more sustainable substitutes. Next shopping trip, if you only have a few items, challenge yourself to carry them by hand without a bag. If you need a bag, consider using a reusable one made from sustainable materials. Number TWO, we can look at repurposing the plastic we do use in our life. Have a lot of plastic bags hanging around your house? See what fun DIY projects you can use to transform the bags into something more meaningful and long-lasting. A great and easy way to do this is by making PLARN (plastic yarn)!!!You can crochet, knit, or tie the plastic plarn into anything your heart desires. And finally, if the first two options are not possible, consider recycling plastics properly (find plastic bag collection centers). The plants, animals, and world will thank you for doing your part to protect the environment and reduce plastic waste!

1 https://www.biologicaldiversity.org/programs/population\_and\_sustainability/sustainability/plastic\_bag\_facts.html

scientists doctor Philadelphia NSECTS VEGGE AM THE DIFFERENCE MAKER Just as it takes a village to raise a child it will take worldwide and local effort for climate change. This effort will take people of all walks of life, backgrounds, cultures, races, and genders. This matter does not choose who it impacts because we are all impacted, including mother Earth. Unity in diversity, including thinking, is essential in this initiative. Black White Our social brain is plastic, even in adulthood, and we can by Virginia Sacotingo be trained to be more kind and generous. WHAT'S YOUR STORY? #IDefineMe

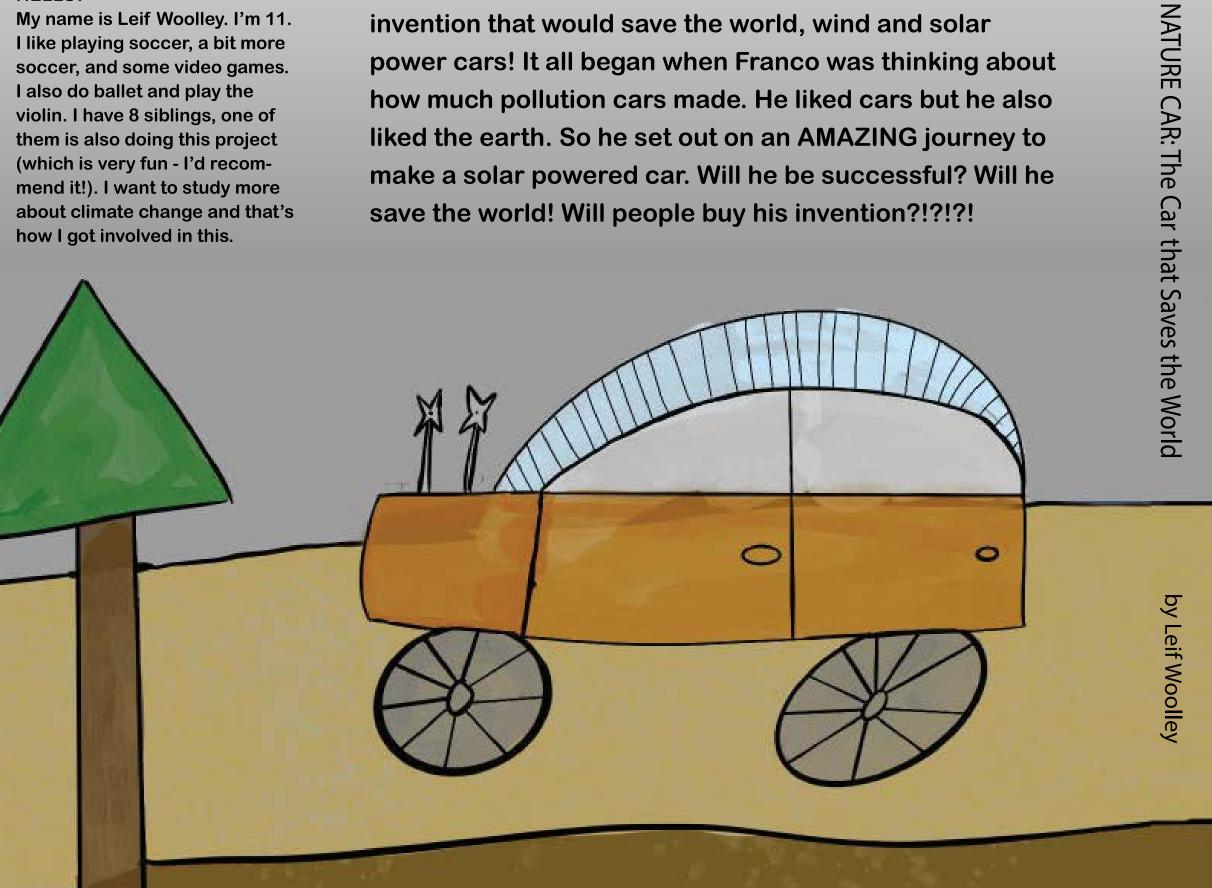
About the Author:

Virginia Sacotingo is a young adult in a world where people are fighting for different causes. One of her passions is racial reconciliation. She has an organization that works towards ensuring there is a dialogue and community of peace and safety in her community. She desires to collaborate her passion with one of the least payed attention to causes is climate change because of the lack of education, consideration, and the idea that it belongs to specific groups of people. Virginia aspires to reveal the truth that climate change has no race, ethnicity, nationality, background, or culture. Climate change is for everyone.

## **HELLO!**

My name is Leif Woolley. I'm 11. I like playing soccer, a bit more soccer, and some video games. I also do ballet and play the violin. I have 8 siblings, one of them is also doing this project (which is very fun - I'd recommend it!). I want to study more about climate change and that's how I got involved in this.

In 2030 Roberto Wang Firefingers Franco made an invention that would save the world, wind and solar power cars! It all began when Franco was thinking about how much pollution cars made. He liked cars but he also liked the earth. So he set out on an AMAZING journey to make a solar powered car. Will he be successful? Will he save the world! Will people buy his invention?!?!?!



The Car that Saves the World.

by Leif Woolley

Did you know that a wind turbine produces an average of 402,000 kWh per month?

Did you know a solar panel produces 350-850 kWh of Ac (Alternating current) energy per month?

An electric car uses 30 kWh to travel 100 miles.

This is a fictional story. There may never be solar and wind power cars but it's still a cool idea, right?

## About The Artist

My name is Grace, and I am 15.
I love art, and learning about the environment so when I found out I could use my art to educate others on our environment, and how we can improve it for the future, I was interested in participating in this project.

Ways you can save energy (without solar products):

- Bike or walk places instead of using a car.
- Carpool with a friend (this saves gas money too!)
- Turn off the lights when you are not in a room.

This book jacket was created through Nurture Nature Center's Youth Climate Leadership Series Arts Program, www.nurturenaturecenter.org/ youth-climate-summit-of-the-lehigh-valley/

Financial and other support for Youth Leading the Way: an education and leadership program in the Lehigh Valley has been provided by the Department of Environmental Protection's 202' Environmental Education Grants Program. Discover how your favorite crayon company has pitched in to save the environment by doing what they do best—making crayons.



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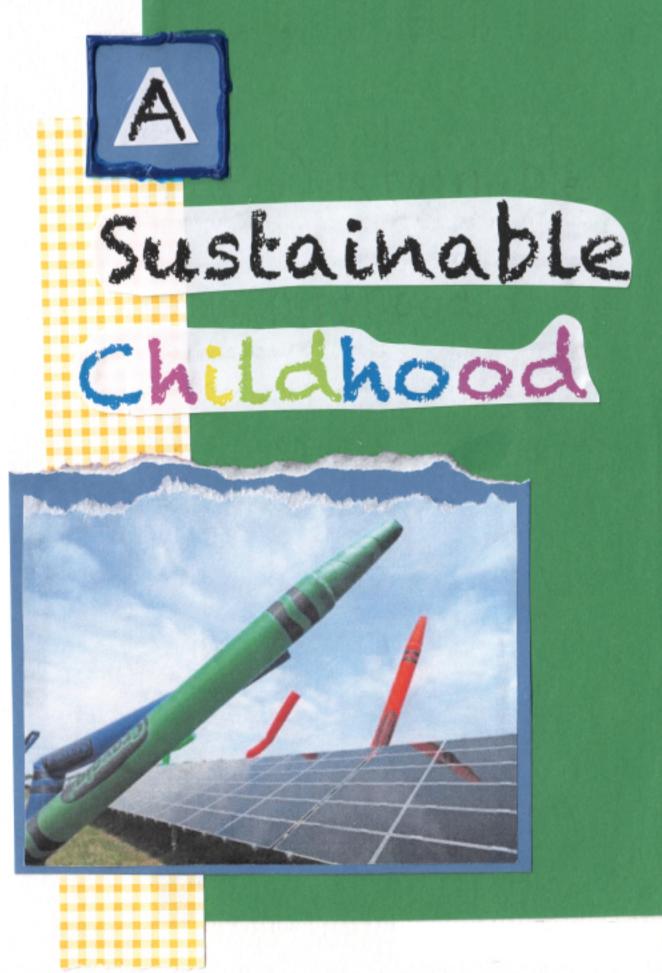
ble



Learn how a solar farm generates enough power to produce over 300 billion crayons and 700 million markers a year.

Scan the QR Code to learn more about our world and how we can improve it for the future!





# Q · Sustainable · Childhood

What do you get when you take one of the most iconic symbols of childhood; a Crayola crayon, and combine it with the awareness of the environment?

A Sustainable Childhood!

Join author Grace Cooke as she explores the way a company in her hometown is changing their footprint on the earth for generations to come!

"The solar farm is a wonderful testament to our commitment to sustainability, And our customers appreciate what we are doing."
-Glenn Price,
(vice president of global sourcing and supply chain for Crayola.)



Meg Dodge and Evan Flint are juniors at Lafayette College.



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www.nurturenaturecenter.org/ youth-climate-summit-of-thelehigh-valley/

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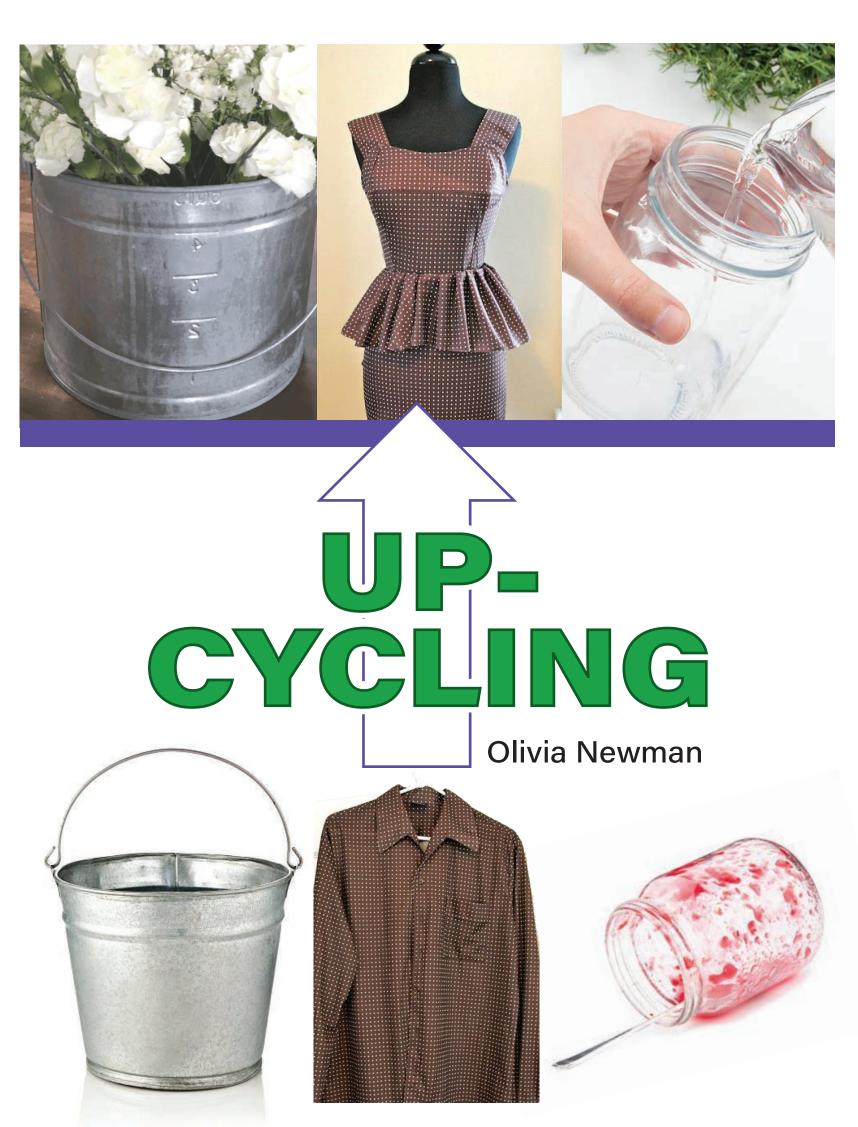
Olivia Newman is a senior at Lafayette College majoring in International Affairs and minoring in Environmental Studies. She has engaged deeply with environmental issues throughout her four years at Lafayette, through working at the Lafayette Office of Sustainability and interning with Green Allies, an environmental advocacy organization in Pottstown, Pennsylvania. After graduating, Olivia hopes to tackle issues of climate change on a governmental level.



Throughout my life, I have always been interested in finding new ways to use old things. I would save everything, from past years' homework assignments to empty jam jars, and turn them into materials for an art project or desk organizers. It was not until high school and college, however, that I discovered there was a name for these actions-upcycling-and that it was not only fun, but also beneficial for the environment. Once I discovered this, I attempted to integrate upcycling into as many aspects of my life as possible, learning how to sew so that I could transform my old clothes into throw pillows, and saving all of my too-small T-shirts so that I could turn them into tote bags. I hope to continue to find new and interesting ways to reduce waste through upcycling, and to inspire others to do the same.

# UPCYCLING

Olivia Newman



In 2018 alone, Americans produced 292 million tons of municipal solid waste. This waste often ends up in landfills and makes its way into the natural world, polluting oceans, rivers, lakes, and the air we breathe, and harms the animals with which it comes into contact. One way to reduce the amount of waste we produce, and therefore lessen these strains on the environment, is through the practice of upcycling. Upcycling refers to the conversion of old or waste materials into a new product. This practice is often discussed in relation to clothing, however it can be applied to any situation in which a usable product is created for an old or unwanted item: for instance, turning an old bucket into a flower pot, or making stationary storage out of used candle jars. In addition to reducing air and water pollution, as well as harm to wild animals, upcycling also saves energy, reducing greenhouse gas emissions from manufacturing that contribute to global climate change.

Meeko, a raccoon at the Lehigh Valley Zoo, is a recycling ambassador with a mission to save the planet! Meeko has learned to pick up plastic water bottles to help spread the message that we can all do our part to help.

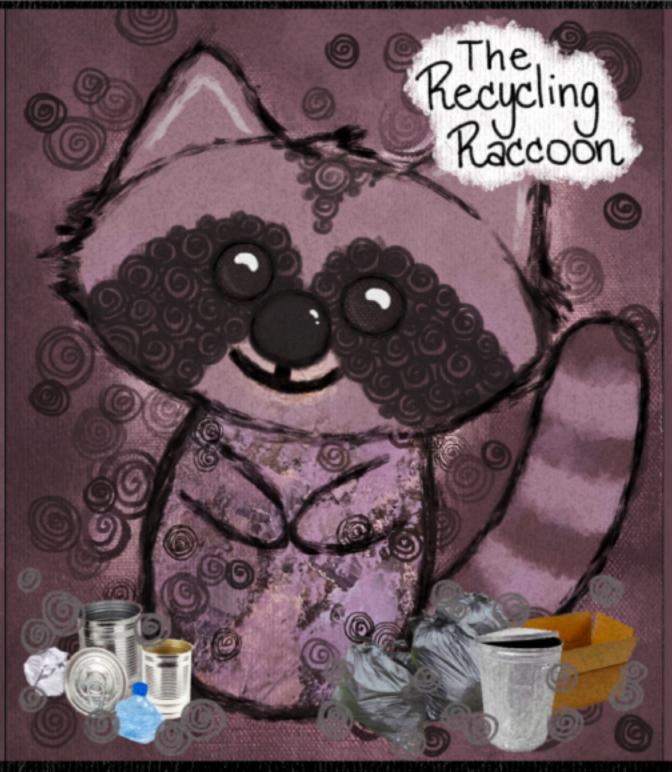
By engaging visitors, Meeko helps to spread the message of recycling and single use plastics in a creative way.

Families can join Meeko and her mission by visiting the zoo and learning to be like her, cleaning up and doing our part- one bottle at a time!

About the Author:
Rayne Dobrowolski
is a student,
musician, and friend
to the raccoons.

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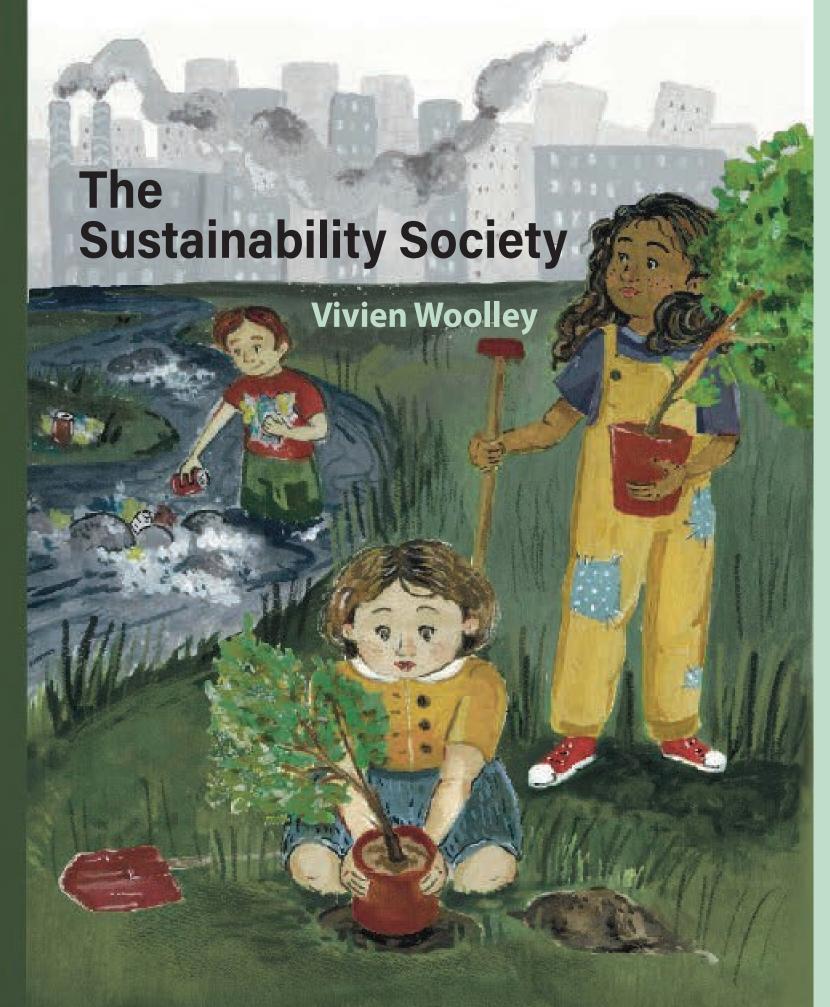


About the Topic:
Small changes and
habits can have a big
impact on the
environment!

Did you know?
Every day, single-use plastics are harming wildlife all around us. You can help reduce the amount of plastic that enters ecosystems by reducing how much you use, recycling items correctly, and continuing to educate yourself and others.

If you want to learn more about Meeko the raccoon, visit the Lehigh Valley Zoo's website. Vivien Woolley is an aspiring artist and illustrator, living in Allentown Pa. She is currently homeschooled and taking a class for Color Theory at the Lehigh Carbon Community College, and hopes to take more classes in the future to improve her art and illustrations. Outside of that, she loves horses, reading, and observing nature. She is very interested in living in a more environmentally friendly way and is especially fascinated by off-grid homesteading as a way to live sustainably.





The characters in this 'story' are trying to save their favorite park, and along with cleaning up the trash and planting new trees, they also build rain gardens to help protect the park's waterways from further pollution. Although the story is fictional, rain gardens are real and can be very beneficial in real life, as well as look beautiful in your yard or local park.

Rain gardens filter pollutants carried in runoff stormwater, improve drainage and help prevent flooding, as well as provide food and habitats for wildlife like butterflies and birds.

To learn more about rain gardens, there are many resources online, as well as checking your local library for books and information on them.

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About the Author	BACK COVER Focus Area 6" x 9" About the Story	Title • Author Nar	FRONT COVER Focus Area 6" x 9"  Title, Subtitle, Author Name, Image Focus all fit in Focus Area	About the Topic  Did you know?
Anything you'd like to say about yourself - long or short		PROJECT		About the Project:

# Join Nurture Nature Center to Explore Science and Art about Climate Change

